



WEEK ONE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cereal (WG) Apples Milk</p> <p><i>Infant: Baby Oatmeal Apple Puree IFF or Human Milk</i></p>	<p>Pancakes Apples Milk</p> <p><i>Infant: Pancakes Fruit Puree IFF or Human Milk</i></p>	<p>Oatmeal (WG) Blueberries Milk</p> <p><i>Infant: Baby Oatmeal Blueberries IFF or Human Milk</i></p>	<p>French Toast (Frozen) Pears Milk</p> <p><i>Infant: Baby Rice Fruit Puree IFF or Human Milk</i></p>	<p>Toast (WG) Bananas Milk</p> <p><i>Infant: Bread Mashed Bananas IFF or Human Milk</i></p>
<p>Bun Turkey Hotdogs Applesauce Corn Milk</p> <p><i>Infant: Turkey Hotdogs Applesauce IFF or Human Milk</i></p>	<p>WW Noodles Gr. Beef Red Sauce Pears Vegetable Medley Milk</p> <p><i>Infant: Gr. Beef Cooked Veggies IFF or Human Milk</i></p>	<p>Grilled Cheese (Protein: Cheese) Apples Tomato Soup Milk</p> <p><i>Infant: Cheese Tomato Soup IFF or Human Milk</i></p>	<p>Fried Brown Rice with Chicken Mandarin Oranges (Peas + Carrots) Milk</p> <p><i>Infant: Diced Chicken Peas + Carrots IFF or Human Milk</i></p>	<p>Mac &amp; Cheese Fish Sticks Fruit Cocktail Broccoli Milk</p> <p><i>Infant: Cheese Chopped Broccoli IFF or Human Milk</i></p>
<p>Cucumbers + Ranch Saltines</p> <p><i>Infant: Cucumbers + Ranch Saltines IFF or Human Milk</i></p>	<p>Granola (WG) Yogurt</p> <p><i>Infant: Baby Oatmeal Fruit/Veg Puree IFF or Human Milk</i></p>	<p>French Fries Milk</p> <p><i>Infant: French Fries Goldfish IFF or Human Milk</i></p>	<p>Blueberry Muffins (WG) Milk</p> <p><i>Infant: Blueberry Muffins (WG) Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Melon Fruit Salad Animal Crackers</p> <p><i>Infants: Melon Fruit Salad Animal Crackers IFF or Human Milk</i></p>

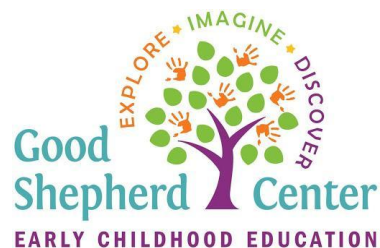
Whole Milk = 1-2 yrs old  
 1% or Skim = 2+ yrs old  
 (WG) = Whole Grain item  
 Infant = 6-11 months



## WEEK TWO

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cereal (WG) Apples Milk</p> <p><i>Infant: Baby Oatmeal Apple Puree IFF or Human Milk</i></p>	<p>Biscuits &amp; Gravy Apples Milk</p> <p><i>Infant: Biscuits Applesauce IFF or Human Milk</i></p>	<p>Oatmeal (WG) Blueberries Milk</p> <p><i>Infant: Baby Oatmeal Blueberries IFF or Human Milk</i></p>	<p>Bagels + Cream Cheese Pears Milk</p> <p><i>Infant: Baby Rice Pears IFF or Human Milk</i></p>	<p>Toast (WG) Bananas Milk</p> <p><i>Infant: Bread Mashed Bananas IFF or Human Milk</i></p>
<p>WW Goulash (WG) (Gr. Beef) Fruit Cocktail (Tomatoes) Milk</p> <p><i>Infant: Gr. Beef Tomatoes IFF or Human Milk</i></p>	<p>Brown Rice (WG) (Sausage) Peaches (Red Beans) Milk</p> <p><i>Infant: Sausage Red Beans IFF or Human Milk</i></p>	<p>Cornbread (WG) Baked Beans Pears Vegetable Medley Milk</p> <p><i>Infant: Baked Beans Vegetable Medley IFF or Human Milk</i></p>	<p>Cheese Quesadilla Baked Chicken Pineapple Peas Milk</p> <p><i>Infant: Chicken Pea Puree IFF or Human Milk</i></p>	<p>Roll Pork Loin Apples Mashed Potatoes Milk</p> <p><i>Infant: Pork Loin Mashed Potatoes IFF or Human Milk</i></p>
<p>Cottage Cheese Triscuits (WG)</p> <p><i>Infant: Ritz Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Kix Mix Milk</p> <p><i>Infant: Kix Mix Fresh Fruit IFF or Human Milk</i></p>	<p>Pretzels + Cheese Sauce Milk</p> <p><i>Infant: Pretzels + Cheese Sauce Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Pumpkin Bread (WG) Milk</p> <p><i>Infants: Pumpkin Bread (WG) Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Grapes Graham Crackers</p> <p><i>Infant: Grapes Animal Crackers IFF or Human Milk</i></p>

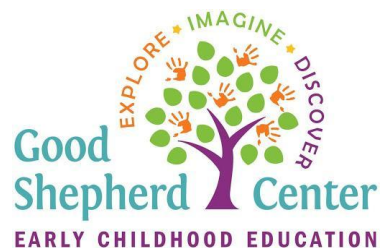
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WEEK THREE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cereal (WG) Apples Milk</p> <p><i>Infant: Baby Oatmeal Apple Puree IFF or Human Milk</i></p>	<p>Granola (WG) + Yogurt Mixed Berries Milk</p> <p><i>Infant: Baby Cereal Yogurt Fruit Puree IFF or Human Milk</i></p>	<p>Oatmeal (WG) Blueberries Milk</p> <p><i>Infant: Baby Oatmeal Fruit Puree IFF or Human Milk</i></p>	<p>Waffles (Frozen) Pears Milk</p> <p><i>Infant: Baby Cereal Fruit Puree IFF or Human Milk</i></p>	<p>Toast (WG) Bananas Milk</p> <p><i>Infant: Bread Mashed Bananas IFF or Human Milk</i></p>
<p>Spaghetti Noodles Gr. Turkey Red Sauce Peaches Vegetable Medley Milk</p> <p><i>Infant: Gr. Turkey Vegetable Medley IFF or Human Milk</i></p>	<p>Buttered Noodles Chicken Nuggets Fruit Cocktail Corn Milk</p> <p><i>Infant: Gr. Chicken Corn IFF or Human Milk</i></p>	<p>Saltines Vegetarian Chili Pears Green Beans Milk</p> <p><i>Infant: Bean Chili Green Beans IFF or Human Milk</i></p>	<p>(WW Egg Noddles) Beef Stroganoff Apples Peas + Carrots Milk</p> <p><i>Infant: Gr. Beef Peas + Carrots IFF or Human Milk</i></p>	<p>Hawaiian Roll Fish Sticks Applesauce Broccoli Milk</p> <p><i>Infant: Fish Sticks Broccoli IFF or Human Milk</i></p>
<p>String Cheese Goldfish</p> <p><i>Infant: Goldfish Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Apples + WOW Butter Ritz</p> <p><i>Infant: Apples + WOW Butter Ritz IFF or Human Milk</i></p>	<p>Pita + Hummus Milk</p> <p><i>Infants: Pita + Hummus Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Apple Muffins (WG) Milk</p> <p><i>Infant: Apple Muffins (WG) Fresh Fruit IFF or Human Milk</i></p>	<p>Pears Graham Crackers</p> <p><i>Infants: Pears Graham Crackers IFF or Human Milk</i></p>

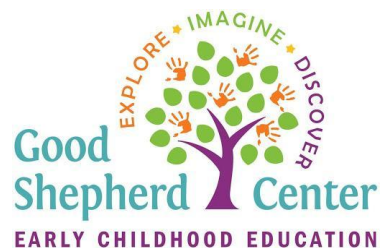
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WEEK FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cereal (WG) Apples Milk</p> <p><i>Infant: Baby Cereal Apple Puree IFF or Human Milk</i></p>	<p>Pancakes Melon Fruit Salad Milk</p> <p><i>Infant: Pancakes Melons IFF or Human Milk</i></p>	<p>Oatmeal (WG) Blueberries Milk</p> <p><i>Infant: Baby Oatmeal Blueberries IFF or Human Milk</i></p>	<p>Blueberry Muffins Pears Milk</p> <p><i>Infant: Blueberry Muffins Fruit Puree IFF or Human Milk</i></p>	<p>Toast (WG) Bananas Milk</p> <p><i>Infant: Bread Mashed Bananas IFF or Human Milk</i></p>
<p>Bun Turkey Hotdogs Applesauce Cheesy Cauliflower Milk</p> <p><i>Infant: Turkey Hotdogs Cauliflower IFF or Human Milk</i></p>	<p>Roll (Gr. Beef) Fruit Cocktail Tatertot Casserole Milk</p> <p><i>Infant: Gr. Beef Fruit Cocktail IFF or Human Milk</i></p>	<p>Rice (WG) + Red Beans Peaches Green Beans Milk</p> <p><i>Infant: Red Beans Green Beans IFF or Human Milk</i></p>	<p>Chicken Noodle Soup (Chicken) Mandarin Oranges (Carrot) Milk</p> <p><i>Infant: Chicken Carrot IFF or Human Milk</i></p>	<p>Brown Rice (WG) Gr. Beef Tacos Pineapple Black Beans + Corn Milk</p> <p><i>Infant: Gr. Beef Black Beans + Corn IFF or Human Milk</i></p>
<p>Granola (WG) Yogurt</p> <p><i>Infant: Ritz Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Grapes Belvita (WG)</p> <p><i>Infant: Grapes Belvita (WG) IFF or Human Milk</i></p>	<p>Garlic Bread + Marinara Milk</p> <p><i>Infant: Garlic Bread Fresh Fruit IFF or Human Milk</i></p>	<p>Cinnamon Muffin (WG) Milk</p> <p><i>Infant: Cinnamon Muffin Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Applesauce Animal Crackers</p> <p><i>Infant: Applesauce Animal Crackers IFF or Human Milk</i></p>

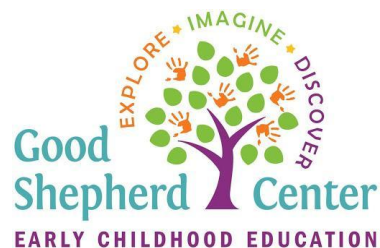
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WEEK FIVE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cereal (WG) Apples Milk</p> <p><i>Infant: Baby Oatmeal Apple Puree IFF or Human Milk</i></p>	<p>French Toast (Frozen) Pears Milk</p> <p><i>Infant: French Toast Pears IFF or Human Milk</i></p>	<p>Oatmeal (WG) Blueberries Milk</p> <p><i>Infant: Baby Oatmeal Blueberries IFF or Human Milk</i></p>	<p>Cornbread Apples Milk</p> <p><i>Infant: Cornbread Apple Puree IFF or Human Milk</i></p>	<p>Toast (WG) Bananas Milk</p> <p><i>Infant: Bread Mashed Bananas IFF or Human Milk</i></p>
<p>Mac &amp; Cheese Fish Sticks Fruit Cocktail Peas Milk</p> <p><i>Infant: Fish Sticks Peas IFF or Human Milk</i></p>	<p>WW Noodles (WG) Meatballs Pineapple Vegetable Medley Milk</p> <p><i>Infant: Meatballs Vegetable Medley IFF or Human Milk</i></p>	<p>Pita Falafels + Hummus Mandarin Oranges Cucumber + Tomato Milk</p> <p><i>Infant: Falafels + Hummus Cucumber + Tomato IFF or Human Milk</i></p>	<p>Cheesy Br. Rice Casserole (Chicken) Pears (Broccoli) Milk</p> <p><i>Infant: Chicken Broccoli IFF or Human Milk</i></p>	<p>Bun Pulled Pork Watermelon Baked Beans Milk</p> <p><i>Infant: Pulled Pork Baked Beans IFF or Human Milk</i></p>
<p>Cottage Cheese Triscuits (WG)</p> <p><i>Infant: Ritz Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Cucumbers + Ranch Oyster Crackers</p> <p><i>Infant: Cucumbers + Ranch Oyster Crackers IFF or Human Milk</i></p>	<p>String Cheese Melon Fruit Salad</p> <p><i>Infant: Melon Fruit Salad Goldfish IFF or Human Milk</i></p>	<p>Applesauce Bread (WG) Milk</p> <p><i>Infant: Applesauce Bread Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Apples Animal Crackers</p> <p><i>Infant: Apple Puree Animal Crackers IFF or Human Milk</i></p>

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WEEK SIX

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cereal (WG) Apples Milk</p> <p><i>Infant: Baby Oatmeal Apple Puree IFF or Human Milk</i></p>	<p>Cinnamon Apple Muffins Pears Milk</p> <p><i>Infant: Cinnamon Apple Muffins Pears IFF or Human Milk</i></p>	<p>Oatmeal (WG) Blueberries Milk</p> <p><i>Infant: Baby Oatmeal Blueberries IFF or Human Milk</i></p>	<p>Jelly Kolaches Apples Milk</p> <p><i>Infant: Jelly Kolaches Apple Puree IFF or Human Milk</i></p>	<p>Toast (WG) Bananas Milk</p> <p><i>Infant: Bread Mashed Bananas IFF or Human Milk</i></p>
<p>Bun Gr. Beef Sloppy Joes Watermelon Mashed Potatoes Milk</p> <p><i>Infant: Gr. Beef Mashed Potatoes IFF or Human Milk</i></p>	<p>WW Noodles (WG) Creamy Chicken Pasta Pineapple Vegetable Medley Milk</p> <p><i>Infant: Chicken Vegetable Medley IFF or Human Milk</i></p>	<p>Bread (WG) WOW Butter + Jelly Apples Peas + Carrots Milk</p> <p><i>Infant: WOW Butter Peas + Carrots IFF or Human Milk</i></p>	<p>Saltines Beef Chili Pears (Beans) Milk</p> <p><i>Infant: Gr. Beef Beans IFF or Human Milk</i></p>	<p>Buttered WW Noodles Chicken Nuggets Mandarin Oranges Broccoli Milk</p> <p><i>Infant: Chicken Nuggets Broccoli IFF or Human Milk</i></p>
<p>String Cheese Goldfish</p> <p><i>Infant: Goldfish Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Carrots + Hummus Triscuits (WG)</p> <p><i>Infant: Carrots + Hummus Animal Crackers IFF or Human Milk</i></p>	<p>Apples Ritz</p> <p><i>Infant: Apple Puree Ritz IFF or Human Milk</i></p>	<p>Banana Bread (WG) Milk</p> <p><i>Infant: Banana Bread (WG) Fruit/Veg Puree IFF or Human Milk</i></p>	<p>Applesauce Graham Crackers</p> <p><i>Infant: Applesauce Graham Crackers IFF or Human Milk</i></p>

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